

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice 	Sausage with caramelized red onion gravy with mashed potato	Italian cottage pie	Roast Pork with Apple Sauce and roast potatoes	Chinese style chicken stir fry with braised rice	Deep Fried Cod or Salmon fish cake with chips
Vegetarian Choice 	Minced quorn Cottage pie	Vegetable stir fry with noodles	Roasted vegetable tart	Quorn sausage Toad in hole	Spicy Veg and bean Quesadillas
Vegetables of the Day 	Carrot and Pea Mix Green Beans	Braised Leeks Chunky Cut Carrots	Broccoli Honey Roast Parsnips	Sauté'courgettes sweetcorn	Baked Beans Mushy Peas
Jacket Potatoes Served with Mixed salad 	Choice of Various fillings	Choice of Various fillings	Choice of Various fillings	Choice of Various fillings	Choice of Various fillings
Pasta and daily Choice 	4ork of the Day Tugo Pizza	4ork of the Day Marinated chicken	4ork of the Day Tugo pizza	4ork of the Day Marinated chicken	4ork of the Day Tugo Pizza
Street Food 	Love Joe's Wrap	Love Joe's Curry Pot	Love Joe's Wrap	Love Joe's Curry Pot	Chip shop sauces
Dessert 	Chocolate Sponge with Chocolate Sauce	Apple Crumble with Custard	Chocolate Brownie	Apple and Blackberry Pie With Custard	Trifle



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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice 	Traditional lasagna with garlic bread	Chicken & vegetable pie with new potatoes	Roast Turkey with Stuffing and roast potatoes	Beef Stew and Dumplings with new potatoes	Deep Fried Cod or salmon fish cake with chips
Vegetarian Choice 	Vegetable hot pot	Vegetable chilli and rice	Vegetable lasagna with garlic bread	Cheese, potato & Onion pie with new potatoes	Vegetable Burrito with chips
Vegetables of the Day 	Mixed salad Garden peas	Chunky carrots Garden Peas	Cauliflower Cheese Green Beans	Leeks Sweetcorn	Garden Peas Mushy Peas
Jacket Potatoes Served with Mixed Salad 	Choice of Various fillings	Choice of Various fillings	Choice of Various fillings	Choice of Various fillings	Choice of Various fillings
Pasta and daily Choice 	4ork of the Day Tugo Pizza	4ork of the Day Marinated chicken	4ork of the Day Tugo Pizza	4ork of the Day Marinated chicken	4ork of the Day Tugo Pizza
Street Food 	Love Joe's Wrap	Love Joe's Curry Pot	Love Joe's Wrap	Love Joe's Curry Pot	Chip shop sauces
Dessert 	Marble Cake	Pineapple upside down sponge with custard	Apple Cracknell With Custard	Sticky Toffee Pudding With Cream	Eton Mess



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WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Choice 	Chicken & tomato Pasta bake with new potatoes	Savory Minced Beef Cobbler and mashed potatoes	Roast Chicken With stuffing and roast potatoes	Beef Enchiladas with rice	Deep fried cod or salmon fish cake with chips
Vegetarian Choice 	Potato and Vegetable Frittata	Vegetarian Bolognese Pasta bake	Cheese & tomato Quiche with roast potatoes	Quorn Enchiladas and rice	Vegetable Burger with chips
Vegetables of the Day 	Baked Courgettes Sweetcorn	Carrot and Pea Mix Green Beans	Fresh Cabbage Parsnips	Sauté Leeks Mixed Salad	Baked Beans Mushy Peas
Jacket Potatoes Served with Mixed Salad 	Choice of Various fillings	Choice of Various fillings	Choice of Various fillings	Choice of Various fillings	Choice of Various fillings
Pasta and daily Choice 	4ork of the Day Tugo Pizza	4ork of the Day Marinated Chicken	4ork of the Day Tugo Pizza	4ork of the Day Marinated chicken	4ork of the Day Tugo Pizza
Street Food 	Love Joe's Wrap	Love Joe's Curry Pot	Love Joe's Wrap	Love Joe's Curry Pot	Chip shop sauces
Dessert 	Cherry Crumble With Custard	Zesty Carrot Cake	Bread and Butter Pudding	Caramelized Dutch Apple Pudding	Fruit Jelly



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