



**St Thomas More  
Catholic High School**

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# **GCSE REVISION & EXAMINATION TIMETABLE 2022**

**Use your own exam timetable to  
highlight which exams you will be  
doing in this booklet.**

**If you are not sure - ASK!**

If you are not in an exam or a revision session you **MUST** go to your lessons as usual until **Friday 27<sup>th</sup> May**. After this date students will be told which lessons they must attend.

This booklet contains details of the exams and revision sessions over the next two months.



- Please read through it carefully.
- **Highlight** those exams and revision sessions that you need to attend.
- Stick this on the fridge / on your bedroom wall / wherever you are likely to see it easily.
- Some of the exams are **resits**. These are just as important as they can help improve your grade. If you are not sure whether you are doing a resit or not then go and ask your teacher.
- Details of where the revision sessions will be held will be on a notice board in reception each day.
- You must wear **full school uniform** for all examinations and revision sessions.
- Please bring pens, pencils etc. to all revision sessions and examinations.

**YOU MUST WRITE WITH A BLACK PEN IN ALL EXAMINATIONS**

## **REVISION TIPS:**

- 'Chunk' your learning - small sections at a time will make the information easier to absorb.
- Transform information from one format to another. E.g. take written information and turn it into a labelled diagram.
- Use the web sites given by your teachers.

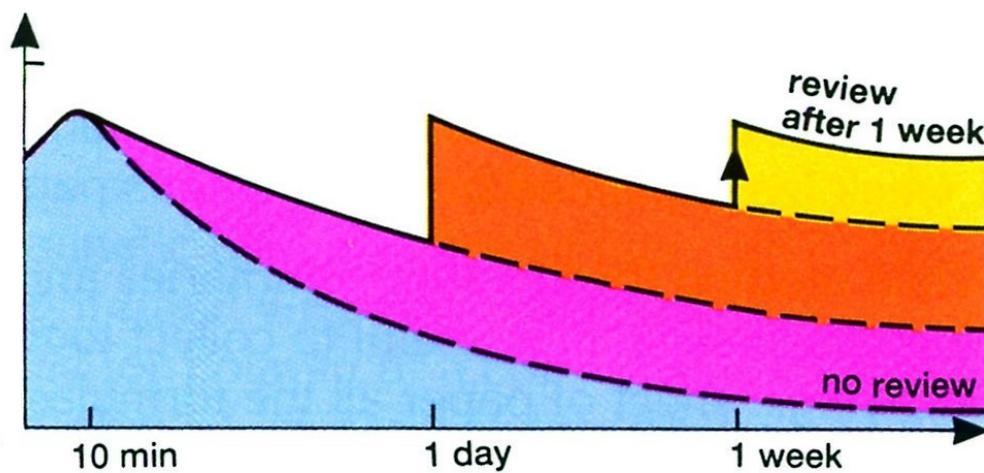
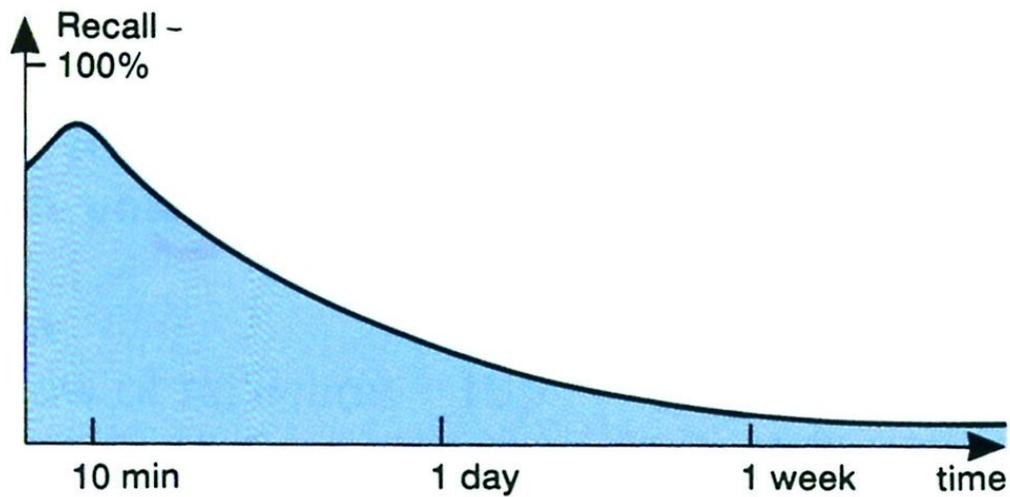
Also: [www.bbc.co.uk/schools/gcsebitesize](http://www.bbc.co.uk/schools/gcsebitesize)

This is a useful general site covering a wide range of subjects.

- Stick key words around your bedroom.
- Summarise notes in different ways (onto post cards, spider diagrams, flow charts).
- Use highlighter pens to help key information to stick out.
- Get someone at home to test you - answering questions verbally can help you remember the information.
- Try to complete as many past exam questions as possible. If you've already done them in class, try to improve your score.
- Remember to have times when you relax - you cannot revise effectively without a break.
- Drink plenty of water and eat healthy snacks. (E.g. bananas, carrot sticks, raisins etc.)

## MAKING IT STICK

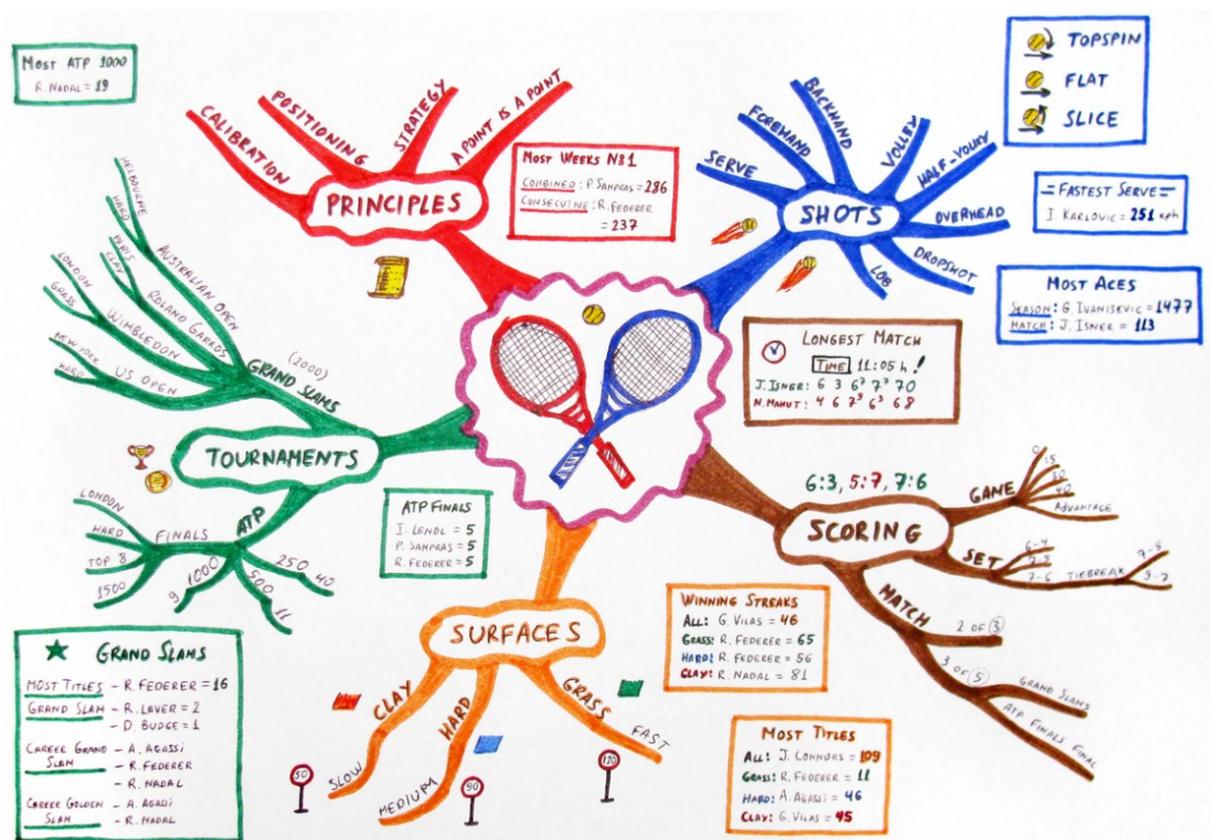
- Learn the topic
- Repeat within 24 hours
- Repeat for 10 minutes at the end of the week
- Repeat for 10 minutes 2 weeks later
- Repeat for 10 minutes 1 month later



(c) Keith Johnson

## MIND MAPPING: A USEFUL REVISION TOOL

- Use plain paper so lines do not distract the eyes.
- Use landscape paper as our horizontal peripheral vision is better.
- Begin with a central image, while drawing this, your brain is pre-processing relevant information.
- Thick branches radiate from the centre, use a different colour for each, they represent sub topics.
- Branches become thinner towards the edges where fine details are added.
- Single words or phrases can be written along the branches not just at the ends.
- Use pictures, symbols and illustrations.



## THE IDEAL STUDY HOUR

5	20	5		15		5	10
<b>E X E R C I S E</b>	<b>STUDY</b> e.g. Mind Map	<b>B R E A K</b>	<b>REVIEW</b> previous work			<b>B R E A K</b>	<b>R E V I E W</b>  today's learning
			After a day	After a week	After a month		

- A short burst of exercise such as star jumps or running on the spot will get the blood circulating quickly, bringing more oxygen to the brain.
- You need to be very strict with yourself and only allow 5 minutes for each break.
- Having a break is not just about relaxing. Believe it or not you actually learn best during a break.

### **Amazing Brain Fact:**

**Your memory is like a muscle. The more you use it the stronger it gets and the easier it becomes to remember things.**

## WHAT IS RETRIEVAL PRACTICE?

**“Retrieval practice is a learning strategy where we focus on getting information out. Through the act of retrieval, or calling information to mind, our memory for that information is strengthened and forgetting is less likely to occur. Retrieval practice is a powerful tool for improving learning.”**



- Use your class notes & textbooks to make a list of the important information & content that you need to know across different subjects.
- Then close your books & test yourself. You can create quizzes, use flashcards or complete past exam papers. Make sure you don't use your notes!
- Retrieve as much information as you can then check your answers. It's important to know what you know and what you don't know ... yet!
- Use your answers to inform the next stage of your revision, focus on the areas that you struggled to recall from memory.

## WHAT IS SPACED PRACTICE?

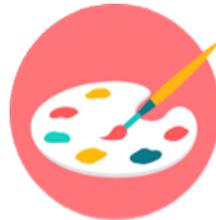
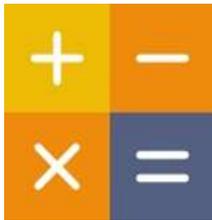
**“Start planning early for exams and set aside a little bit of time everyday. Five hours spread out over two weeks is better than the same five hours all at once.”**  
**This is spaced practice & it is regarded as one of the most effective revision strategies.”**



- Divide up your revision into short manageable chunks of time . When revising aim for 20 - 30 minutes per session.
- Mass practice or cramming is not effective & can be stressful. This is when you study for a very intense period of time just before the exam.
- You need to plan your time carefully to ensure all subjects & topics are covered in shorter chunks over a longer period of time.
- Dividing up your revision into smaller, manageable sections will benefit you in the long term - the revision you do for mocks will stick for the final exams!

## WHAT IS INTERLEAVING?

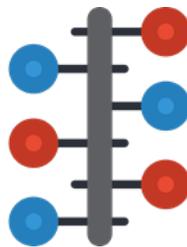
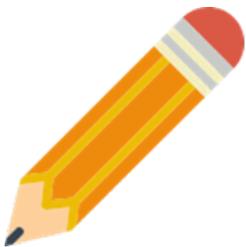
**“Interleaving is a process where students mix & combine multiple subjects & topics while they study in order to improve their learning. Blocked practice on the other hand, involves studying one topic very thoroughly before moving to another. Interleaving has been shown to be more effective than blocked practice leading to better long-term retention.”**



<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>
Algebra	Ratio	Statistics	Ratio	Algebra
Geometry	Statistics	Algebra	Geometry	Statistics

## WHAT IS DUAL CODING?

**“Dual coding is the process of combining verbal materials with visual materials. There are many ways to visually represent materials, such as with infographics, timelines, cartoon/comic strips, diagrams and graphic organisers.”**



- Dual coding involves you the learner drawing images, graphs, diagrams or timelines to support your revision notes.
- When you are revising using your class materials find or create visuals that link with the information. Compare & combine the visuals with the words.
- Don't worry if you don't consider yourself an artist - it isn't about the quality of your illustrations, the focus is to improve and deepen your understanding.
- Make sure your images/diagrams are relevant. Be careful when using photos as too many background images can detract from the main points.

## EXAM VOCABULARY-COMMOND WORDS

**There will be subject specific key terms that you need to learn for each subject. Below are a range of command words that could be used in your exams. Do you understand what the exam question is asking you? Command words can vary slightly across different subjects so it is important you understand the command words in the exam question & in the correct context.**



- **Analyse** - Examine something in detail and try to explain or interpret it.
- **Annotate** - Add to a diagram, image or piece of text to illustrate or describe features rather than just identify them which is labelling.
- **Assess** - Consider different options/arguments/factors and weigh them up to reach a conclusion about their effectiveness or validity.
- **Calculate** - Work out the value of something.
- **Compare** - Give a point by point identification of similarities and differences.
- **Define** - This means *what is meant by ...* give the precise meaning of a term or concept.
- **Describe** - Provide an account in detail of an event/individual/concept etc.
- **Discuss** - Set out both sides of an argument & reach a conclusion, including evidence.
- **Evaluate** - Consider different options/factors & reach a conclusion about their importance/impact/value/worth. Justify why the argument is strong/ weak.
- **Examine** - Consider carefully & provide a detailed account of the topic.
- **Explain**- Provide a detailed description or interpretation of a term/concept etc.
- **Identify** - Point out & name from a number of possibilities.
- **Illustrate** - Refer to a specific case study or example (not illustrate as in draw).
- **Label** - Point out specific features on a diagram, image or piece of text.
- **Justify** - Explain why your selected choice/judgement is better than other

options.

- **Summarise** - Sum up the main points/arguments this can be the similar to outline.

## WELL BEING DURING EXAM

**The exam period can be stressful that is why it's very important that you revise & prepare as this can help to reduce exam anxiety. In addition to revising there are other strategies you can do to look after your mental & physical health.**



**Eat.** Diet is important so don't neglect it during the exam period. Don't skip meals, stay consistent with a healthy balance of meals & stay hydrated.

**Sleep.** Staying up late to revise is a bad idea! Sleep deprivation can have a very negative impact on concentration, performance & memory.

**Exercise.** Take regular breaks from revision with exercise. Take part in a sport you enjoy, go for a walk or any activity that is active & part of your daily routine.

**Relax.** Relax during the exam period? Yes! It is essential that you do make time to switch off & have a break. Watch Netflix, read or talk to friends.

## USEFUL WEBSITES



Remember the revision strategies and skills you picked up from Elevate Education when they visited school which can be found here. These can be used alongside the strategies suggested above.

<https://ukstudent.elevateeducation.com/>

Password RONDO

## OTHER USEFUL WEBSITES

[www.learningscientists.org](http://www.learningscientists.org)

[www.retrivelearn.org.uk](http://www.retrivelearn.org.uk)

[www.tutor2u.net](http://www.tutor2u.net)

<https://stmacademy.org.uk/gcse-revision-resources/>

<https://www.bbc.co.uk/bitesize/levels/z98jmp3>

<https://senecalearning.com/en-GB/>

# **GCSE REVISION & EXAMINATION TIMETABLE 2022**

Remember to read this carefully and highlight each of your exams. If you are not sure whether you are entered for a particular exam then speak to your teacher immediately.

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**ALL EXAMINATIONS ARE IN THE SPORTS HALL UNLESS STATED OTHERWISE**

DATE	<p align="center"><b>MORNING</b></p> <p align="center">All morning examinations begin at <b>9.00am</b></p>	<p align="center"><b>AFTERNOON</b></p> <p align="center">All afternoon examinations begin at <b>1.00pm</b></p>
<b>May 3<sup>rd</sup> –May 6<sup>th</sup></b>	<b>GCSE MFL Speaking tests</b>	
<p align="center"><b>Monday</b> <b>16 May</b></p>	<p align="center"> Religious Studies 9.00-10.30</p> <p align="center"> <i>P3 Computing revision</i></p>	<p align="center"> Computer Science 1.00pm – 2.30pm</p> <p align="center"> <i>P4 and 5 Biology revision</i></p>
<p align="center"><b>Tuesday</b> <b>17 May</b></p>	<p align="center"> Combined Science Biology 9.00-10.10 Separate Science Biology 9.00 -10.45</p>	<p align="center"> <i>P4 &amp; 5 English Revision</i></p>
<p align="center"><b>Wednesday</b> <b>18 May</b></p>	<p align="center"> English Language 9.00 -10.45</p> <p align="center"> <i>P3 German Revision</i></p>	<p align="center"> German Listening German Reading 1.00pm -2.20 pm Foundation 1.00pm -2.45pm Higher</p> <p align="center"> English functional skills Revision P4 &amp;5</p>
<p align="center"><b>Thursday</b> <b>19 May</b></p>	<p align="center"> <i>History Revision 8 am</i></p> <p align="center"> History 9.00-10.00 Functional Skills English Reading 9.00 -10.00am</p> <p align="center"></p>	<p align="center"> <i>P4 &amp; 5 Maths revision</i></p> <p align="center"> Functional Skills writing 2.00-3.00pm</p>
<p align="center"><b>Friday</b></p>	<p align="center"> Maths</p>	<p align="center"> Business Studies</p>

<b>20 May</b>	9.00 -10.30  <i>P3 Business Revision</i>	1.00pm -2.30pm  <i>Geography Revision p4&amp;5</i>
<b>Monday 23 May</b>	 <i>Geography 9.00 -10.30</i>	 <i>French Revision P4 &amp;5</i>
<b>Tuesday 24 May</b>	 <i>French Listening and Reading 9.00 – 10.20 Foundation 9.00 – 1045 Higher</i>  <i>P3 PE Revision</i>	 <i>PE 1.00pm -2.30pm</i>  <i>P4 &amp;5 English Literature Revision</i>
<b>Wednesday 25 May</b>	 <i>English Literature 9.00am -10.40 am</i>	
<b>Thursday 26 May</b>	 <i>P1 &amp;2 RE Revision</i>	 <i>RE 1.00pm -2.30pm</i>
<b>Friday 27 May</b>	 <i>8am Chemistry Revision</i> <hr/>  <i>Chemistry combined 9.00 -10.10 Chemistry Separates 9.00 – 10.45</i>  <i>P3 Computer Science Revision</i>	 <i>Computer Science 1.00pm -2.30pm</i>

**HALF TERM HOLIDAY**

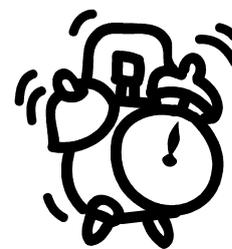
**Normal lessons will now finish. Students need to only come to school for exams and revision sessions.**

<b>Monday 6 June</b>	 <i>8am German Revision</i>	 <i>P4 &amp; 5 Maths Revision</i>
	 German Writing 9.00 -10.05am foundation 9.00 -10.20am Higher	
<b>Tuesday 7 June</b>	 Maths 9.00-10.30am	 Geography 1.00pm -2.15 pm
	 <i>P3 Geography Revision</i>	
<b>Wednesday 8 June</b>	 <i>8am English Lit Revision</i>	 RE 1.00pm -2.00pm
	 English Literature 9.00am -10.45	
	 <i>P3 RE Revision</i>	
<b>Thursday 9 June</b>	 <i>8am History Revision</i>	 Physics Higher 1.00-1.45pm Physics Combined 1.00-2.10pm
	 History 9.00-10.00am	
	 <i>P3 Physics Revision</i>	
<b>Friday 10 June</b>	 <i>8am English Language Revision</i>	 PE 1.00-1.45PM
	 English Language 9.00am - 10.45am	
	 <i>P3 PE Revision</i>	

<b>Monday 13 June</b>	 <i>8am Maths Revision</i>	 <i>Business St 1.00pm -2.30pm</i>
	 <i>Maths 9.00 – 10.30am</i>	 <i>P4 &amp;5 Geography Revision</i>
	 <i>P3 Business St Revision</i>	
<b>Tuesday 14 June</b>	 <i>Geography 9.00-10.00</i>	 <i>P4 &amp;5 Biology Revision</i>
<b>Wednesday 15 June</b>	 <i>Biology Higher 9.00-10.45 Biology Combined 9.00 – 10.10</i>	 <i>Health and Social Revision p4 &amp; 5</i>   <i>Construction Revision P4 &amp;5</i>
<b>Thursday 16 June</b>	 <i>French Revision P1 &amp; 2</i>   <i>Health and Social Clash P1</i>	 <i>French 1.00pm -2.20 Higher 1.00pm – 2.05 Foundation</i>   <i>Health and Social 1.00 -2.00</i>   <i>Construction 1.00 -3.00pm</i>
<b>Friday 17 June</b>	 <i>Spanish 9.00-10.20pm</i>	 <i>Polish 1.00-2.45</i>   <i>P4 &amp;5 Chemistry Revision</i>

<p><b>Monday 20 June</b></p>	<p> Chemistry Higher 9. 9.00am- 10.45am Chemistry Combined 9.00am-10.10am</p> <p> <i>P3 Food Revision</i></p>	<p> Food 1.00-2..45</p> <p><i>P4 &amp;5 History Revision</i></p>
<p><b>Tuesday 21 June</b></p>	<p> History 9.00am-10.00am</p>	<p> <i>P4 &amp; 5 Music Revision</i></p>
<p><b>Wednesday 22 June</b></p>	<p> Music 9.00-10.15</p> <p> <i>P1 &amp;2 Further Maths Revision</i></p>	<p> Further Maths 1.00-1.45</p> <p> <i>P4&amp;5 Physics Revision</i></p>
<p><b>Thursday 23 June</b></p>	<p> Physics Higher 9.00-10.45 Physics Combined 9.00- 10.10</p>	
<p><b>Friday 24 June</b></p>	<p><b>Leaver Assembly</b></p>	
<p><b>Monday 27 June</b></p>	<p> Polish 9.00-10.20am</p>	

**Examination Procedures:**





- Arrive for your exam 15 minutes before the exam is about to begin. Wait in the Dining Hall.
- You must be wearing full school uniform.
- All mobile phones **MUST** be turned off.
- You are allowed to take water into the exam hall but the label must be removed. Fizzy drinks etc. are not allowed.
- You must not wear a watch



**RESULTS DAY: Thursday 25<sup>th</sup> August**