



# Prayers for Registration Ordinary Time

*Week beginning January 16<sup>th</sup>, 2023*

This month: **Ordinary Time**

We return to the Church's Ordinary Time... we return to the period of time when we hear the stories of Jesus as an adult... the miracles... the parables... the calling of the twelve disciples... the stories of some of the major events in the Gospel between Jesus's birth and his crucifixion.

This period of Ordinary Time lasts until the beginning of the next major season in the Church's calendar – Lent – which begins on February 22<sup>nd</sup>, 2023

This week: **Second Week of Ordinary Time;**

**TUESDAY 17<sup>th</sup> JANUARY** – Feast Day of St Anthony the Great (patron saint of animals, skin diseases, farmers and butchers)

**WEDNESDAY 18<sup>th</sup>** – Thesaurus Day

**THURSDAY 19<sup>th</sup>** – Feast Day of St Wulstan (patron saint of vegetarians)

**FRIDAY 20<sup>th</sup>** – Feast Day of St Sebastian (patron saint of soldiers, athletes and cyclists)

**SATURDAY 21<sup>st</sup>** – International Squirrel Day

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Monday January 16<sup>th</sup>

### **A prayer for our hobbies**

Aaron, Sam, Ethan, Jacob, Finley & Ethan in 130

Dear Lord, we thank you for the talents you have given us to take part in our favourite hobbies. Guide us to use these skills and ambitions by including them in our journey in our future life. We give grace to the friends and new people we meet through these hobbies.

*\*moment of silence\**

Lord in your mercy,  
**Hear our prayer**

**THOUGHT:** Do we seek out our hobbies or are our hobbies simply the result of opportunities given to us?

**ACTION:** Try something new this week (especially if you think you'll be no good at it!)

Tuesday January 17<sup>th</sup>

### **A prayer for knife crime**

Harry in 90

Dear God, we pray for those who are the victims of knife crime and the loss they leave with the victim's family. We pray that the perpetrators realise that taking a life will affect their own greatly and we ask God

to help them to make the right decision and guide them as they seek compassion.

*\*moment of silence\**

Lord in your mercy,

**Hear our prayer**

**THOUGHT:** Would it surprise you to learn that there were 45,000 offences involving a knife or sharp instrument in England & Wales between March 2021 and March 2022?

**ACTION:** Spread awareness to your friends and families about the realities of knife crime and the devastating and damaging affect it can have on young people and their families.

### Wednesday January 18<sup>th</sup>

#### **A prayer for the work of the United Nations**

Students in 11T

We give thanks for what the United Nations has achieved. For many people around the world, the United Nations has been, and continues to be, a symbol of hope for peace and justice, and a better future.

We give thanks for all workers who have given their lives for a peaceful and just world. We pray for the United Nations community working together towards a peaceful and sustainable future.

Grant all who serve, wisdom and courage. Grant rest, instil a sense of calm. When the way is difficult, give strength. When the way is obscured, give guidance.

*\*moment of silence\**

Lord in your mercy,

**Hear our prayer**

**THOUGHT:** Does the world need a objective peace-keeping agency?

**ACTION:** In the spirit of the UN values of peace and friendship, reach out to somebody today that you haven't spoken to in a while – especially if you have fallen out in the past

### Thursday January 19<sup>th</sup>

#### **A prayer for letting things go that are bothering us**

Ava, Niamh & Lily in 9T

We would like people to not worry or stress over things. It is important to relax and forget these issues. We see others all around us under pressure who could be trying to deal with a lot. It is important that we help them.

Lord, we pray for those of us under a lot of pressure. We ask God to be help us to be patient and kind with ourselves, and help us deal with this stress helping us to let go of any issues that are bothering us.

*\*moment of silence\**

Lord in your mercy,

**hear our prayer.**

**THOUGHT:** How do we deal with things that are bothering us?

**ACTION:** If you see a friend struggling or under a lot of stress, try and help them out

**Friday January 20<sup>th</sup>**

### **A prayer for when we are angry**

Frazer in 10A

Sometimes we can let anger get the better of us, especially in pressured situations. We think back this morning to times in primary school, or here at St Thomas More, when we have let anger take over.

Dear Lord, we pray for those who are angry and we pray that you give them strength. We pray for the times when we are angry and we pray that you will guide us to respond appropriately when other people make us angry. Often, we fall into the habit of acting on our anger in a negative way, and so we pray that you help us to make the right choices to channel that anger in the right way.

*\*moment of silence\**

Lord in your mercy,  
**hear our prayer.**

**THOUGHT:** Is anger always a negative thing? When can anger be positive?

**ACTION:** If you get angry today, don't feel bad – we aren't in control of our emotions – but think about what the best response in your situation is!