

# Prayers for Registration Ordinary Time

### Week beginning February 6th, 2023

#### This month: Ordinary Time; LGBT+ History Month

We are currently in the church's Ordinary Time... the period of time when we hear the stories of Jesus as an adult... the miracles... the parables... the calling of the twelve disciples... the stories of some of the major events in the Gospel between Jesus's birth and his crucifixion.

This period of Ordinary Time lasts until the beginning of the next major season in the Church's calendar – Lent – which begins on February 22<sup>nd</sup>, 2023

<u>This week:</u> Fifth Week of Ordinary Time; Racial Equality Week; National Apprenticeship Week; Children's Mental Health Week

**MONDAY 6<sup>th</sup> FEBRUARY –** Feast of St Paul Miki (patron saint of Japan); International Day of Zero Tolerance to Female Genital Mutilation (FGM)

TUESDAY 7<sup>th</sup> – Send a Card to a Friend Day; Safer Internet Day

WEDNESDAY 8th – International Day of Prayer and Awareness Against Human Trafficking

THURSDAY 9th – National Pizza Day

FRIDAY 10th – Feast Day of St Scholastica (patron saint of schools, tests, books and reading)

**SATURDAY 11<sup>th</sup>** – Feast Day of Our Lady of Lourdes (patron saint of the sick); International Day of Women and Girls in Science

#### Monday February 6th

#### A prayer for the NHS

Students in 8T

5th July 2023 is the 75th anniversary of the NHS, it was established to provide free health care to all.

Dear Lord, today we give thanks to all the workers in the NHS, we are grateful for their hard work and dedication. We ask that you give them strength to cope with the long hours and the difficult conditions they sometimes have to deal with. We hope that their work can be appreciated, that they are safe and that they have less stress and difficulties.

\*moment of silence\*

Lord in your mercy,

Hear our prayer

**THOUGHT:** What would our country be like if we had to pay for healthcare?

**ACTION:** Celebrate the work of our fantastic NHS by posting something on social media supporting them.

#### Tuesday February 7th

#### A prayer for those who are hungry

Students in 10H

There are many people in our own country and around the world who do not have access to enough food. This morning we pray for those people, and we think about how we can support them.

Let us pray for all of those in the world who might go without food today. We pray that they can access the food they need to stay healthy and strong. Bless those who volunteer in food banks and those who help people find food and water.

\*moment of silence\*

Lord in your mercy,

Hear our prayer

**THOUGHT:** There are 648 million people who live on less than £1.75 a day and half of the global population (around 4 billion people) live on less than £5.50 per day. How does that make you feel? **ACTION:** If you're able, can you donate one item of food to a local food bank? There are donation points in every supermarket.

#### Wednesday February 8th

#### A prayer for the victims of modern day slavery and human trafficking

Joyce, Gethin, Chris, Luke & Aimee in 110

This morning we want to shed light on the victims of modern day slavery and human trafficking. In 2022, there were 25 million victims of human trafficking globally. We pray this morning for us to understand the torture these people go through, and we pray for a hopeful future filled with peace.

Lord, we pray for peace and love for those who have suffered from slavery and human trafficking. We also pray for those who suffer in silence to have the courage to get themselves out of the situation, and for those unable to, for people to act on their behalf. Protect them and their futures.

\*moment of silence\*

Lord in your mercy,

hear our prayer.

**THOUGHT:** Did you realise that slavery still exists today?

**ACTION:** Look into the products you buy (e.g. food, clothes, technology) and see if there was any human trafficking involved at a point in the supply chain.

## Thursday February 9th

#### A prayer for ourselves

Students in 110

We think about ourselves and each other this morning: for our friends and those we share our lessons with.

Lord, we pray for our school community so that you work in our academic year and move in our lives. Bless this school and strengthen us as individuals to have the motivation to learn and do well in Jesus name. We pray for the Year 7 students as they experience their first year; the Year 8s, Year 9s and Year 10s as they continue through school; the Year 11s as they sit their GCSEs; and the Sixth Form students who are studying for their A Levels.

\*moment of silence\*

Lord in your mercy,

hear our prayer.

**THOUGHT:** What values does our community stand for?

ACTION: Look out for your friends today especially if they look like they are struggling.

#### Friday February 10th

# A prayer for the sick (Feast Day of Our Lady of Lourdes)

students in 7A

Today we pray for the sick and for those who feel unwell. Tomorrow is the Feast Day of Our Lady of Lourdes – we think of all those who make the pilgrimage to Lourdes, including our older students, as they journey to discover new things about themselves and help those who need our support.

Dear Lord, may we pray for the people that are sick and those that cannot be here and with us today. We pray for these people to get better and that one day they can be free of being sick. We also pray for the people that look after the sick.

\*moment of silence\*

Lord in your mercy,

hear our prayer.

**THOUGHT:** Have you ever considered going on a pilgrimage when you're older, like going to Lourdes? **ACTION:** Take a look at the wall in the RE corridor next to the Red Corridor to see images of all the St Thomas More students who have gone to Lourdes at Easter over the last decade.