



MORE LIFE

St Thomas More
Catholic High School

SUMMER 2023

‘THERE IS A WARMTH AND FRIENDLINESS AT ST THOMAS MORE’ - OFSTED, 2023



As you know, Ofsted visited our school on 17th and 18th May and we are delighted to be able to share the outcomes of their inspection. St Thomas More has been judged as Good in all areas and therefore Good overall, which is the same as previous inspections.

During the two days every one of the inspectors talked about how welcome they felt. They particularly praised our students, who went out of their way to speak to inspectors. Across both days our students were a credit to themselves, their families and their school. This is reflected at the very start of the report:

"There is a warmth and friendliness at St

Thomas More Catholic High School."
"Pupils conduct themselves well. They are friendly and polite."

The pastoral and wider support for students was seen as being particularly strong and is a theme throughout the report:

"The pastoral support and care that staff give to pupils is a particular strength."
"The school... provides effective support for pupils, including those with SEND, who need additional pastoral support."
"Safeguarding is a strength of the school."
"Pupils know who to go to if they need help, and they feel confident that their concerns will be dealt with."

The quality of the curriculum and classroom teaching was also praised in the report, which recognised the significant work that has been done

and is ongoing in providing the best education for all of our students:

"The curriculum is ambitious for all pupils, including those with SEND."
"Pupils are well prepared for their future and are supported by a strong careers programme."
"... staff are enthusiastic and knowledgeable."
"A love of reading is promoted across the school."

The high quality of Sixth Form provision, both in the classroom and pastorally, was highlighted:

"The Sixth Form is very successful... Students appreciate the quality of support provided by teaching and pastoral staff."
"In Sixth Form lessons, students are supported well to develop and extend their responses."
"Students who attend the Sixth Form are very positive... 'it is like a family'."

I'm very pleased that the report reflects the quality of our staff team, in their many and varied roles. I would like to take this opportunity to thank all of our staff for their continued commitment and effort to provide the best opportunities and support for the students here at St Thomas More.

- Mr Watson

Sixth Form students celebrate their hard work at Prom

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Ex-pupils Matthew McCann and David Hall

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LOURDES 2023



During the Easter holidays, some of our Sixth Form students travelled to Lourdes to support disadvantaged students on Pilgrimage. This is truly the highlight of their school career for many students, and several past students have returned year on year. Below are the thoughts of some of this year's helpers (more can be found [here](#)):

Do NOT pass up this opportunity. It is all about the children you will help. You truly become everything in their eyes; the brightest smiles ever, from children who usually avoid eye contact. This trip is the best thing I have been part of in my time at STM. - Suzie McKenzie

One of the best moments was the torchlight procession. I had the honour of carrying the national HCPT banner with 5 other girls in 714. From the front, we didn't know how many people were following us. When we turned around and saw thousands of other pilgrims walking behind us with candles singing Ave Maria, it was pure magic. - Meg Giles

It was really heart-warming and quite emotional to watch both strangers and friends disconnect from their problems and genuinely enjoy themselves. - Ruby Crowe

I can't put into words how I felt during every Mass, every day with the family groups, every dance, even while walking through the pouring rain, I was content, with no worries in the world. - Jessica Evans

The bond within our group is now unbreakable. I've never had a relationship quite like it. From dancing our hearts out in the middle of the night, to comforting each other during emotional times, I can truly say I appreciate them all so much. My heart was filled with joy every day. This pilgrimage has also deepened my religious perspective, as seeing God's love and purity through the actions of other people has made me understand the unconditional love of Jesus and has allowed my faith to be strengthened. - Marina Fayez

HOLY ISLAND

Holy Island was definitely worth it! I think the boat trip was our favourite part (even though it was raining). We saw puffins and seals, hopefully we didn't scare them with our singing / shouting.

Our other favourite part was the disco! For two hours we danced (or more just jumped up and down) the night away to songs from Queen all the way to One Direction. We had brought with us sunglasses that said 'HOLY' on them and everyone, including the

teachers, were impressed with them and took photos to commemorate the trip. By the time the disco was finished everyone's voices had disappeared and we were ready for bed!

We had the best time on Holy Island and would recommend it to next year's Year 9s when it is offered.

- Carolin Luke and Eloise Ferry, Year 9



FEAST DAY

On Wednesday 21st June, students, staff, parents, governors, clergy and families all came together to celebrate the Feast Day of St Thomas More at St Columba's Church in Wallsend. The event was the fifth time our school community has joined together like this and it has become a highlight of our school calendar.

Our students spent several weeks building up to the event, with our School Choir; Orchestra; Band; Sign Language Club; Year 7 dancers; and volunteer readers all coming together to make our celebration memorable and inclusive.

On the night, we began with a celebration of Mass, concelebrated by Mgr Andrew Faley and Fr David Smith, which was then followed by a free BBQ and an opportunity to talk to students about the wonderful work they have been involved in this year at our school.

This year's theme was chosen by Pope Francis for the forthcoming World Youth Day in Lisbon, Portugal. The theme of "#RISEUP" encouraged all of our pupils to

respond to their God-given calling, just as Mary did, to live life to the full by being their true selves, saying 'yes' to opportunities and standing up for what they believe in!

As the Mass ended, and the sun streamed out onto the grounds of St Columba's, there was an opportunity for church and school to meet and many conversations took place about the range of opportunities offered to students at St Thomas More. Students were present to discuss their lessons across all subject areas and many who had attended school trips were on hand to share their experiences. Many students came along in their sports kits and various STM hoodies from school trips and extra-curricular clubs.

The festive atmosphere and heart-warming interactions truly captured the spirit of our school community, and we eagerly look forward to future occasions to join together under the summer sun to pray, share food and relax together in celebration of our special community of St Thomas More. - Michael Thompson, School Chaplain

#RISEUP





PROM 2023



We have both had the best time at Sixth Form over the past 2 years. It has been so nice to get to know people you might not have spoken to in High School, and everyone became closer through days like pink day and pj day. The support from all the teachers has been amazing; they are so approachable and work so hard to help you. Undoubtedly, there have also been some more difficult times, like the application for university and our exams, but these times were made so much easier with the support from the Sixth Form staff. Thank you 'Class of '23' for the best two years and good luck for the next step!

- Millie McKenna and Daniel Crozier, Year 13

Before leaving, Year 13 were asked about their best memory of Sixth Form. The following is a selection of their answers:

- "Being with your best friends every day"
- "Having knowledge of other A-Level subjects through friends who are passionate about their subjects"
- "Becoming friends with the best people possible"
- "Christmas time at Sixth Form"
- "Little memories which build up to make it the best experience"
- "The friends I've made and the people I've met"
- "Meeting the amazing teachers and my peers and making friends for life. Having the best support network"

...MADE POSSIBLE BY THE PROM SHOP



This year we launched our Prom shop, to support the school's commitment towards sustainability and promote a move away from 'fast-fashion', whilst also easing the financial burden of Prom preparations for some of our students.

The results were absolutely phenomenal! Dozens of our students found the perfect dress, suit, bag, shoes and accessories, all whilst helping to reduce the environmental impact of Promwear. It was a truly collaborative effort, and we couldn't have done it without the incredible generosity of our community. Your support has made a significant

difference and has helped to empower our students to look and feel their best for Prom without breaking the bank. A huge thank you in particular to <https://dressmezee.com> who gave such a generous donation of dresses.

- Mrs Anderson



CREATIVE WRITING COMPETITION SUMMER EDITION

This term, students across all yeargroups were encouraged to take part in a creative writing competition on the theme of 'Summer'. Below are the winning entries.
- Miss Pattinson, English Dept

Extract from 'Nature's Cry' by Orla Pottinger, Year 8

The heat on my face feels like a fire burning close. The longest day, and yet in the shortest amount of time everything has changed. "The summer solstice" posters are hung everywhere, blowing in the soft wind. Summer is like a happy dream that you never want to end. But when you are waiting for news, it feels like it is going on forever. You can only pray that soon, it will end. But what if everything ended altogether? Why are all the important posters faded, why does no one realise that one day, our earth will have nothing left? Our earth, the thing that holds the wonders of blue seas and grassy lands, is dying. And yet "Climate change" posters have been ripped off walls and thrown away like pieces of rubbish.

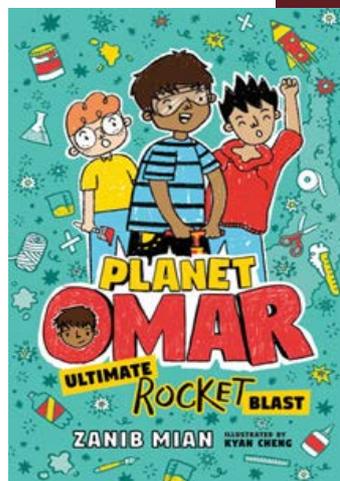
Extract from 'Summer Solstice' by Taylor Hutchinson - Year 7

The summer sun cast its golden glow on the town, awakening it with renewed life. Laughter of children filled the air as they frolicked in the grass, chasing butterflies. The sound of their carefree joy echoed through the streets, mingling with the gentle breeze that carried the scent of blooming flowers.

Colourful petals adorned every corner, as if nature itself had adorned the town in celebration of the season. Roses, daisies, and sunflowers stretched toward the sky, swaying gracefully in the warm wind. The town's market came alive, bustling with activity. The lively chatter of locals and visitors filled the air, as they perused the bountiful stalls brimming with vibrant fruits and vegetables.

THE ENGLISH DEPARTMENT RECOMMENDS...

Here are the latest recommendations from the English department. Perhaps there are some ideas here for your summer reading:



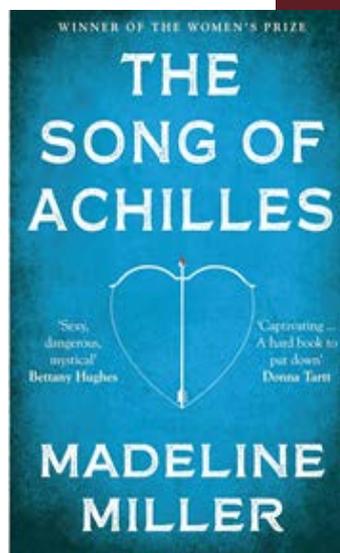
PLANET OMAR SERIES by ZANIB MIAN (11-12)

If you like Diary of A Wimpy Kid or Tom Gates you will love the adventures of Omar and his friends. They build things, break things, discover things...maybe their adventures will inspire you to get out there and create your own adventures this summer.



IF TOMORROW DOESN'T COME by JEN ST JUDE (13-15+)

If you like They Both Die at the End by Adam Silvera, Mrs Cantwell - Ahmed has suggested this for you. One review described this book as 'Devastatingly brilliant, leaving you wanting to read it again and again'. So what is it all about... On the morning Avery Byrne plans to end her life, the world discovers there are only nine days left to live: an asteroid is headed for Earth, and no one can stop it. Intrigued?



THE SONG OF ACHILLES by MADELINE MILLER (16+)

A captivating retelling of the Iliad and events leading up to it through the point of view of Patroclus: it's a hard book to put down! Anyone interested in mythology - or even if you're not - will be enthralled by her characterisation of the goddess Thetis, which carries the true savagery and chill of antiquity. A wonderful love story for good measure too.
- Ms Wilson, English



Our trip to Paris was one of the most enjoyable and memorable experiences in our lives. We woke up bright and early on Monday morning to have a packed day of sightseeing; we truly got to see the city, doing 20+ kilometres a day. The Eiffel Tower was an incredible structure that wowed us all, we then got an even better view of Paris on our hour-long cruise on the Seine. We spent the rest of the day seeing the Arc de Triomphe and the Champs d'Elysées.

On Tuesday we had another busy day having a guided tour of the Musée d'Orsay (a personal favourite) seeing works by Monet, van Gogh, and Manet. En route to La Trianon, where we spent the afternoon, we visited a market in Versailles town to pick up some fresh fruit to go with our picnic lunch. Finally we finished the day at a traditional French restaurant and a rainy walk back as a late-night thunderstorm emerged.

Wednesday may have been a favourite day for many, by introducing new experiences in Disneyland. We had the freedom to go where we wanted in the parks and finished the thrilling day with the light show and fireworks, a perfect end to the day.

We really became a family on this trip, making many new friends along the way and those of us going off to college, it was the picture-perfect end to our time at STM.

- Izzy Dutton, Year 11



FROM PARIS TO BERLIN AND EVERY LANGUAGE I SPEAK IN



If you thought the heatwave in Newcastle was bad, trust me it was hotter in Berlin. Spanning three days in late June, we saw everything from the Nazi-built Olympic stadium (above) to the historic Brandenburg Gate. Friday was day one, and we set off on our way to the Bundestag. The German parliamentary building is renowned for its distinctive glass dome, which we scaled to enjoy the view.



On the second day, we met the highlight of the trip, our guide Dennis, the storyteller, who took us to some of the most influential parts of the city, including the Memorial for the Murdered Jews of Europe, and the only remaining Nazi building in the city. After this we braved the heat and took the tram all the way through what was once East Berlin to a Stasi prison, where we learnt of the terror inflicted on the innocent people of East Berlin at the hands of the iron fisted Soviet secret police.

The final day took us to the GDR museum, displaying the lives of ordinary people in the German Democratic Republic, from where they ate, to how they shopped.

Berlin has many stories to tell, from the beautiful to the horrifying. This trip allowed us to experience the depth of culture in such an awe-inspiring city.

- Niamh Hobson, Year 12

1 SPORTS DAY 2023

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Sports Day 2023 was a huge success, with a long list of year-group and whole-school records broken. Congratulations to Alexa Hastie (Year 8) for beating the girls 200m school record, to Teagan Davidson (Year 9) for the girls 300m and to Sam Nugent (Year 9) for the boys 400m.

In addition, the following year-group records were broken; Matthew Henderson and Megan Marlborough broke their respective 1500m times in Year 7, Lily-May Scorer broke the Year 8 100m record, with Macy Cunningham (also Year 8) taking records in the 300m as well as long jump. Both Year 8 1500m times were also broken, by James Sturman and Katy Otterson.

Overall form class standings were as follows:
Year 7 1st place was 7O followed by 7C and 7A
Year 8 1st place was 8O followed by 8M and 8R
Year 9 1st place was 9T followed by 9A and 9S
Well done to everyone for their participation.

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NEWS & EVENTS



ANNA & RHYS AT THE ENGLISH SCHOOLS ATHLETICS

I competed in the English Schools competition for the second time, finishing sixth overall for Year 11 and Year 10 boys from all over England, ranking me sixth in England. I didn't manage to achieve a PB on the day due to tough wind conditions as well as rain. My first 2 jumps were fouls meaning my 3rd jump had to be good to allow me to progress. In the mixed relay, Northumberland County placed in a good second place in our heat, finishing fourth overall. The English Schools Athletics Finals is the highest schools level in the country and is where all GB athletes start out. - Rhys Brunton, Year 11 (Anna Fitzpatrick also competed)

COUNTY CUP SUCCESS

Back in May our fantastic Under 13 football team won the county cup 3-2 on penalties after the game finished 2-2. The girls came from behind twice in normal time to take the game to penalties. Megan Marlborough and Evie Fraser (Year 7) were both excellent but the player of the match was Ava McNulty (Year 8) who pulled off some crucial saves in the first half to stop the team going more than 1 behind. She then made a fabulous save in the shootout to keep us in the game. - Mr Anderson, PE



MATHEMATICIANS ACCEPT THE CHALLENGE

Students have been taking part in various Maths challenges throughout this year, with great success. Cian Pennet (Year 7) completed the Newcastle University Maths Challenge and was one of only 42 students out of 855 entries to be awarded a certificate and prize.

In April, several students in Years 7 and 8 completed the UKMT Junior Mathematical Challenge. Eve Bullock (Year 8) achieved the top score in school and qualified for the Junior Kangaroo, achieving the highest award of a Merit certificate. - Mr Rayson, Maths Dept

MATHS FEAST

Back in March, we got the 308 bus up to Newcastle and spent the day at Newcastle University for the Year 10 Maths Feast. Sadie, Ben, Jonny and myself from our Maths class made up our team, and Mr Craigen helped officiate diligently on the day. We were up against twenty other teams from the North East, and after 5 rounds of tricky problem solving, both individually and as a team, we managed to finish third! It is our joint best finish in the competition and we are all really proud of the result. It was a great day discussing and working through Maths problems, and we were even given tea and chocolate! - Claudia Tasker, Year 10



WORD MILLIONAIRES

Here are the latest additions to the "Word Millionaires" Club. Twelve students from Year 7 have read more than one million words each as part of the Accelerated Reader scheme. Topping the list were Daria Kurosz and Ashton Smith who both read more than 4 million words each! Amazing effort - Well done!

- Miss Edwards - School Librarian



NEWS & EVENTS



FRAU BEY PRAISES OUR STUDENTS' PROFICIENCY

I have just returned home from an amazing two weeks at your school where I worked as a German exchange teacher before the Easter break. It was such a fabulous time, and I thoroughly enjoyed every minute of it.

I had the opportunity to help prepare Year 11 students for their speaking exams, which was an incredibly rewarding experience. The students were thankful and engaged, and I was impressed by their proficiency in the German language. It was clear that they were working hard to improve their language skills.

In addition to helping with the speaking exams, I gave presentations to the students about Frankfurt, Easter, and my school: the Elisabethenschule in Frankfurt am Main. It was a fantastic opportunity to share my culture and traditions with the students. I also had the opportunity to work in the classroom with the students who were learning French and German. The students were eager to learn, and it was clear that they were benefitting from the school's excellent language programme and the commitment of the teachers.

I want to express my gratitude to everyone at the school for making my stay such a memorable and enjoyable experience. I hope to return in the future and am happy to tell you that our cooperation will continue in a letter-writing project for our Year 6 students in Frankfurt and your Year 8 students in North Shields!

- Frau Bey, Frankfurt

WORLD AUTISM ACCEPTANCE WEEK

At the end of March we celebrated World Autism Acceptance Week at St Thomas More. The most recent published statistics are very old and remain that 1-in-100 children have a diagnosed Autistic Spectrum Condition (ASC). At St Thomas More, we have approximately 1-in-50 students with a diagnosis.

In the lead up to WAAW, refresher training was provided to staff in January and March, sharing strategies to support all students. Families and carers of autistic students were also invited to the first of several coffee mornings to be held across the remainder of the year, to share the work that we have been doing.

Autistic staff and students created artwork on the theme of "masking". We all have masks that we hide behind, every time we say we're okay but really, we are not. This work was displayed in the school entrance all week.

If you have any questions or queries around ASC, the National Autistic Society and their YouTube channel are a great resource: <https://www.autism.org.uk/>. You are also welcome to contact me at mbriggs@stmacademy.org.uk.

- Mr Briggs, Associate SENCO



NORTH TYNESIDE YOUTH CONFERENCE

On the 30th March, School Council members attended the North Tyneside Youth Conference 2023, and this year's main focus was 'Accessibility'. We had several different sessions throughout the day, with one of the most memorable being the 'Ready for Life' game, where each school was a team, and we had to try to manage our finances over the course of the game, a bit like monopoly! Importantly, we were also fed really well (thanks Max!)

After lunch, we delved deeper into accessibility in our lives, and how we can improve it (for example public transport); we also looked at what young people would like to see in the area, for example social clubs. Mr O'Connor, who accompanied the students, said he was "very proud to see [our students] present so confidently and eloquently on a range of topics and then break out into workshops to discuss solutions." Elliot Shaw, who was interviewed about his school experience, commented that "St Thomas More is more than just a school, it's a family."

- Joyce Misa, Year 11





NATHAN BUCHANAN INTERVIEW

A couple of weeks ago, Year 9 student Nathan Buchanan competed for Northumberland at the Regional Schools Golf Competition in Bradford. He finished first out of all Northumberland boys and seventeenth in the overall competition. Nathan has been playing golf for many years now and has had the time and practice to become better. Nathan has represented the school and achieved well! We were all happy to hear about the success of Nathan's competition. Nathan tried his best and was happy with first place, it must have been a relief for him after all his hard work.

Nathan started playing Golf at the age of four and has always been aiming for the best position possible; even when he wasn't competing, he would always try to keep up with his friends he met during his time as a golfer. Nathan has met many people from around the world in these competitions and describes golf as a highly sociable sport. Talk of a worldwide sport, right? Nathan says "Not many people like it at first but it really is good when you find the right people to play with". Nathan recommends golf to all, even if you at first find it boring.



PRIME: IS IT WORTH THE HYPE? A STUDENT'S OPINION



You probably know what Prime is. This drink has been blowing up the internet and people's taste buds. But is it worth going into shops and hoping you get lucky or paying your friend £50?

My take is that while it is a good drink, as usual, the internet has overhyped this drink massively. Adding to this, the amount of caffeine in the drink is the equivalent to 2 cups of coffee! That is double what the average adult has! A prominent effect of caffeine is dependency. Whether this is a ploy used by KSI and Logan Paul or purely there to add taste will always be a question. So I will leave you with this question. Is Prime worth the amount of caffeine?

Student edition articles written by Natan Wesolowski,
Chris Pearce and Hassan Khan, Year 9

HOLIDAYS: WHAT WILL YOU DO?

Don't know what to do during the holidays? Well, we have some great suggestions for you! There are so many opportunities this summer for before, during and after the holidays! For example you can:

Try things outside of school! This could be joining a club for something you may enjoy, for example a sport. You could also sign up to the gym, go to the beach or maybe even go on holiday! You may also have taken advantage of one of the many opportunities offered by school in the last few weeks, for example the Year 7 Quayside trip, Year 8 Seaton Sluice or the Holy Island trip for Year 9 students!



Naples: Next year, Year 10 students who have picked Geography for their options have the chance to go to Naples, Italy! In this trip they get to visit the third largest city in Italy! Did you know Naples was the birthplace of pizza? It is also close to Pompeii, the city destroyed by the eruption of Mount Vesuvius in 79 A.D!





LAUNCHES AT THE LINSKILL CENTRE

In our Christmas edition, we took great pride in acknowledging the remarkable achievement of our Year 7 students who raised an outstanding £978.08 in support of the charity, Sarah's Star. Today, we are delighted to announce that Sarah's Star is now open to the wider community at the Linskill Centre in North Shields.

Sarah Harrison founded Sarah's Star with a mission to "make life a little easier for people who have been given an incurable or palliative diagnosis."

"I was initially diagnosed with Breast Cancer at the age of 35 in 2016. I went through 7 months of pretty gruelling treatment, and thankfully, I went into remission. This lasted until the beginning of 2019 when I found out that the cancer had returned, as secondary breast cancer which is incurable. Although this was a devastating blow, I tell myself that palliative doesn't always mean your life is immediately over."

"Through talking to other people in similar situations I've learnt that we are all unique in dealing with our illnesses, there is no right or wrong way but having support and being able to support others can make it more manageable."

"My biggest fear right now is feeling completely useless and that's why I'm doing this, it's an awful feeling! This disease

can take so much away but at Sarah's Star I want everyone to feel they are of some use. We want people to feel purposeful and not let their illness dictate their happiness. We would love to welcome you to our community space at the Linskill centre and really appreciate your support."

The centre offers a range of therapies and support services tailored to meet everyone's needs, including yoga, reiki, and beauty treatments. In addition, family support services are available to assist loved ones, and informal meeting spaces promote connections among those in similar situations.

Sarah Harrison's extraordinary journey serves as an inspiration to the entire St. Thomas More community. In transforming her personal hardships into opportunities for growth and compassion, she embodies the spirit of empathy and resilience we strive to instil in our students.

To learn more about Sarah's Star, please visit the official website at sarahsstar.org - Miss Nathan, English dept



HIGHLIGHT OF THE FOOTBALL YEAR

It was an absolute pleasure and honour to officiate the Staff vs Sixth form game. Although I was drafted at the last minute, I had been waiting for the call all year, as it is regarded as the most prestigious game in the school calendar. When I have previously spectated this match in Year 7 and Year 8 there was never a crowd like we had during this game.

It was a brilliant atmosphere on the field, lots of laughter and a couple nutmegs by Cameron Lough on Mr Logie. Perhaps a few questionable decisions by myself - Finley Roberts sliding in on the staff's special guest on the left wing, Lucas



Garrard, probably should have resulted in a caution, and Joel Griffin's atrocious tackling could have been dealt with more harshly!

In the final few minutes, I awarded a corner to the Sixth Form, Loui whipped in a corner for the Year 13s and in came the Will McCann to challenge. However, he clearly thought he was Maradona and tried to recreate the hand of God goal. As Sixth Form's Mike Dean, I spotted this and there was only one decision that could have been made: a dismissal for Will. The game resulted in a 3-2 win for the students and, as I had the best view on the pitch, I do think this is a true reflection of the game. - Ellis Curry, Year 12



EX-PUPIL SUCCESSES

We are always on the look out for more successes, big or small and of any type. If you or a member of your family would like to feature in a future issue, please e-mail alogie@stmacademy.org.uk.



MATTHEW MCCANN

2010 - 2017

I left Sixth Form in 2017 to read Biology at the University of Leeds (shoutout to Mrs Woodman, Mrs O'Neill and Mr Hitchcock). During my degree, I joined a coral reef and sea turtle conservation programme in Mexico to establish a new Marine Protected Area, whilst completing my PADI scuba diving qualifications too. After my second year, I completed an industrial placement where I worked in a Leeds-based consultancy firm for a year, supporting start-up biotech businesses to help them get their new drugs and medical devices to market. After graduation, the same company offered me a job, which I did for a year before heading off around South-East Asia checking out Thailand, Cambodia and Vietnam. Lots more scuba diving and conservation work here too!

I'd heard about a pretty cool Masters degree that was a mix of Biology and Business at the University of Cambridge. So I decided to apply and they offered me a place! The course was pretty intense but I graduate with an MPhil Bioscience Enterprise in two weeks.

As for next steps, I've secured a London-based job in venture capital, a type of investment that gives money to start-up companies to help them grow. So my job will be to find the next best biotech innovation and give them rich people's money so they can get their products to market and benefit all of our health!

DAVID HALL

2005 - 2012

After leaving Sixth Form I attended Northumbria University to study Sports Coaching.

After graduating I got a job coaching football in America, which allowed me to travel around and see many different places including Seattle, Bozeman (Montana) and San Francisco.

When I returned, I knew that I wanted a career in sport and coaching. This led me to my current job at Newcastle United Foundation. Part of my role requires me to go into schools to teach PE. The rest of my time is spent working with young people within our organisation with placements, volunteering, and work experience roles.



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